





**MONDAY, JULY 29<sup>th</sup>** **Activities @ Camp Sonshine Silver Spring**  
16819 New Hampshire Ave, Silver Spring, MD 20905

Campers will travel to our Silver Spring location to experience a variety of activities! Some favorites include the pond, tarzan swing, zipline, and paintball games! Campers will also get the opportunity to purchase items from the Camp Store or treats from the Snack Shack!

**SCHEDULE**

<b>Time Away From Camp:</b> 11:00 AM - 3:00 PM	<b>Time At Field Trip:</b> 10:45 AM - 2:45 PM	<b>Time On Bus (One Way):</b> 15 Minutes
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**WHAT TO BRING**

 Bathing Suit	 Towel	 Sun Screen	 Money (optional)
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**WEDNESDAY, JULY 31<sup>st</sup>** **Martin Luther King, Jr. Outdoor Pool**  
1201 Jackson Rd, Silver Spring, MD 20904

The MLK, Jr. Outdoor Pool is a Montgomery County pool with lap lanes, diving boards, a shallow water lagoon and lazy river. Campers can cool off and relax or swim around with their friends and counselor and play water games!

**SCHEDULE**

<b>Time Away From Camp:</b> 12:30 PM – 2:45 PM	<b>Time Away From Camp:</b> 1:00 PM – 2:30 PM	<b>Time Away From Camp:</b> 20 Minutes
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**WHAT TO BRING**





 Bathing Suit	 Towel	 Sun Screen
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**THURSDAY, AUGUST 1<sup>st</sup>** **Climbzone**  
13200 Mid Atlantic Blvd. Suite 130, Laurel, MD 20708

Climb Zone is something from a weird dream - imagine climbing up Mt. Rushmore, a rocketship and up a giant giraffe all at one time! This indoor rock climbing gym has many individually-themed climbing walls, so that any kid can choose their perfect theme to climb into! *Waiver Required.*

**SCHEDULE**

<b>Time Away From Camp:</b> 10:00 AM – 2:30 PM	<b>Time Away From Camp:</b> 10:30 AM – 1:30 PM	<b>Time Away From Camp:</b> 1 Hour
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 Water Bottle	 Hat	 Sun Screen	 Money (optional)
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**FRIDAY, AUGUST 2<sup>ND</sup>**

**Chesapeake & Ohio Canal National Historical Park**  
205 W Potomac St, Williamsport, MD 21795

The Chesapeake & Ohio Canal is a beautiful national park. Historically, it operated for over 100 years and was a lifeline for communities along the Potomac River. Today it endures as a pathway for discovering historical, natural and recreational treasures. Campers will walk the paths and hiking trails as well as enjoy a picnic together along the way.

**SCHEDULE**

Time Away From Camp:	Time At Field Trip:	Time On Bus (One Way):
10:30 AM - 2:30 PM	11:00 PM - 2:00 PM	30 Minutes

**WHAT TO BRING**

 Sun Screen	 Water Bottle	 Hat
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\*NOTE: All items listed are approximate and tentative. Schedule is subject to change.