

# OVERNIGHTER GUIDE



TEEN ADVENTURE  
CAMP SONSHINE

**THURSDAY, JULY 11<sup>TH</sup> – FRIDAY, JULY 12<sup>TH</sup>**

**Kings Dominion, VA**  
16000 Theme Park Way, Doswell, VA 23047  
**Massanutten Water Park, VA**  
1200 Adventure Dr, McGaheysville, VA 22840

Kings Dominion is a theme park in Central Virginia. The park consists of rollercoasters and thrill ride, a water park and games. Campers typically split up into groups for the day based on their interests (i.e. rollercoasters, water park, games and less-intense rides, etc.) Massanutten is an indoor/outdoor water park that includes a large lazy river, giant water playground and slides.

## SCHEDULE

### Thursday

10:00 AM – Leave Camp Sunshine  
11:30 AM – Stop for Lunch  
1:30 PM – Arrive at Kings Dominion  
6:00 PM – Dinner  
9:00 PM – Leave for Hotel  
11:00 PM – Lights Out

### Friday

9:00 AM – Leave Hotel  
12:30 PM – Lunch  
3:30 PM – Leave Massanutten (Head back to Camp)  
6:30 PM – Stop for Dinner  
9:15 PM – Group Time  
10:00 PM – Departure back at camp

## ACCOMODATIONS

Holiday Inn Express Fredericksburg Southpoint:  
5422 Jefferson Davis Hwy, Fredericksburg, VA 22407

Each room has two double beds. If you child does not wish to sleep in/on a bed with another camper, they will need a sleeping bag to sleep on the floor. Staff members will never share a bed with a camper.

## MEAL PLAN

**YOUR CAMPER...** will be responsible for providing their own lunch on Thursday and dinner on Friday. (Please provide money for dinner on Friday.)  
**CAMP...** will provide dinner Thursday night, breakfast Friday morning and lunch Friday afternoon.

## What to Bring



**Bathing Suit**



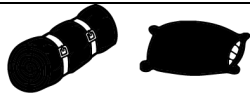
**Sun Screen**



**Toiletries**



**Towel**



**Sleeping Bag & Pillow**



**2 Changes of Clothes**



**Lunch for Thursday**



**Money**  
(Dinner Friday)

## WHAT NOT TO BRING

- Personal Electronics
- Medications (unless prearranged through Camp First Aid Staff)
- Aerosol Cans
- Weapons

Camp Sunshine is not responsible for the loss, damage or theft of any personal property.

## OTHER INFORMATION

- There are NO alternative activities planned. If your child does not attend the Overnighter, please do not send them to Camp.
- Please bring your "Camp Sunshine Parking Pass" when you pick up your teen Friday at 9:45 PM – 10:00 PM.
- If your child needs medication administered during the Overnighter, it must be brought to the Camp First Aid Staff by Wednesday. He/She will record your physician-signed Drug Authorization Form and then deliver the medication to your teen's head counselor. Teens are not to carry medication under any circumstances.

## CONTACT INFORMATION

Teen Program Director – Ethan Woo (410) 227-1479