



Infectious Control Plan

If a staff member has been confirmed to be sick with COVID-19 the camp house of that staff member will be deep cleaned and disinfected along with the camp building. All staff living in that house will get checked out by a doctor and the parents of that staff members campers will be notified as well as The Maryland Department of Health and our Health Supervisor.

If a camper has been confirmed to be sick with COVID-19 a notice will go out to the parents of the campers in the same group and the entire camp will be deep cleaned and disinfected after 24hrs. The Maryland Department of Health will also be notified as well as our Health Supervisor.

If a CAMPER is suspected of being ill while at camp:

1. Send that camper to the first aid station. (there will be a secondary location for campers suspected of being sick.)
2. Sign the camper in and place a mask on the camper
3. Take the camper to the secondary location.
4. First aid person will put on PPE, a mask, gloves, and face shield before treating the camper.
5. The first aid station will meet with that sick camper, take their temperature, assess the camper, and document everything. (Include low-grade temps.)
6. The first aid station will call home for the camper to be sent home.
7. Any camper suspected of being ill or is proven to be ill may not return to camp until they have been cleared by their PCP(Primary Care Physician)
8. A written notice must be provided to camp from the campers PCP or a doctor before that camper will be allowed to return to camp

If a STAFF MEMBER is suspected of being ill while at camp:

If you suspect a staff member's symptoms are severe they will get checked out immediately. We will not be quarantining staff unless otherwise directed by a doctor for COVID-19. If a staff member has a mild cold or flu they will follow normal sick procedures and be required to stay home (in their room) and take medication.

1. They will get their temperature checked and be assessed by the first aid station staff.
2. They will get checked out at the urgent care and get medication if necessary.
3. They will be required to stay in their room until they are better.
4. The individual will need to be fever and symptom-free before they can return to camp.



5. If the individual tests positive for COVID-19 we will follow the directions of the doctors and hospital for caring for that staff member.
6. The room and areas occupied by that individual will be cleaned thoroughly
7. MDH will be notified via email and a phone call as well as our Health Supervisor.
8. A Maryland Injury Report will be completed and submitted.

If a STAFF MEMBER is CONFIRMED to have COVID-19: (Already seen by Dr.)

1. They will be admitted to the hospital or quarantined based on the decision from the hospital and doctors.
2. If they are released to quarantine
 - a. They will be relocated to a quarantine room in the dorms for 14 days per CDC quarantine instructions unless otherwise instructed by the doctor or MDH.
3. Staff members that were in contact with this person will be checked out by a doctor immediately.
4. The camp house will be deep cleaned and disinfected.
5. The camp facilities will be deep cleaned and disinfected.
6. A notice will be sent to the parents of the counselors' group.
7. The staff member may not return to camp housing or to camp until they have been cleared by a doctor.
8. MDH will be notified via email and a phone call as well as our Health Supervisor.
9. A Maryland Injury Report will be completed and submitted.

If a CAMPER is CONFIRMED to have COVID-19: (Already seen by Dr.)

1. The camper will not be allowed to return to camp unless approved by the Primary Care Physician.
2. The campers that were in the same group will be notified and be required to get tested before returning to camp.
3. The group counselor will also be required to get tested before returning to camp.
4. MDH will be notified via email and a phone call as well as our Health Supervisor.
5. A Maryland Injury Report will be completed and submitted.

First Aid Station Cleaning procedures:

Cleaning will be done in **Two Stages**:

1. Cleaning to remove dirt and grease
2. Then a disinfecting solution will be used.

Normal cleaners such as Clorox will be used to clean surfaces and disposable wipes such as paper towels and Clorox wipes will be used. If a sponge or rag needs to be used for cleaning it will be disposed of in a sealed bag or container. The disinfectant spray used will be a diluted



bleach solution consisting of 4 teaspoons of bleach to a quart of water. These bottles of disinfectant will be labeled clearly so that they are used appropriately and not mistaken for other cleaning solutions. An alcohol-based sanitizer with greater than 60% ethanol or greater than 70% isopropanol will be available at the first aid station.

Preparing Disinfectant Spray Solutions:

1. Staff members that are preparing the disinfectant solution will be required to wear goggles and gloves and follow the manufacturers' directions.
2. Using the manufacturer's instructions, fill the spray bottle with the appropriate amount of disinfectant solution and water. A funnel (not to be used for consumables) will be used to reduce spills and splashing.
3. A dilute bleach (sodium hypochlorite) solution will be used by adding 4 teaspoons of bleach per quart of water.
4. Replace the spray cap and label the disinfectant bottle with the contents using a permanent marker.

Cleaning

1. All hard surfaces will be wiped down.
 - a. Tables
 - b. Chairs
 - c. Cots
 - d. Shelves
 - e. Cabinets
 - f. Mini-Fridge (inside and outside)
 - g. Ipad
 - h. Coolers
2. Take out the trash
3. Vacuum
4. Clean any tools used (tweezers, thermometer, bottles of medicine, blood pressure cuff, etc.)

Camp Cleaning and Disinfecting Procedures for confirmed COVID-19:

Extra cleaning and disinfecting procedures will begin 24hrs after the confirmed case

1. First clean visibly dirty surfaces then perform disinfection.
2. Use disposable wipes/paper towels to clean surfaces if possible, rather than reusable cloth wipes, as the latter can re-contaminate surfaces. All cleaning and disinfecting



materials (e.g., paper towels, cloth wipers, sponges, mop heads, etc.) should be disposed of in sealed bags or containers after use.

3. Particular attention will be given to high touch areas, including, but not limited to, handrails, door handles, cabinet and drawer handles, shared sports equipment or craft tools.
4. Clean a potential source area by progressing from the entrance to the most distant point to avoid re-contaminating surfaces that have been disinfected (i.e., clean your way out).

How to Wash Hands

1. **Wet** your hands with clean, running water. Turn off the tap and apply soap.
2. **Lather** your hands by running them together with the soap. Make sure to lather the back of your hands, between your fingers, and under your nails.
3. **Scrub** your hands for at least 20 seconds (about the time it takes to sing the “Happy Birthday” song twice.)
4. **Rinse** your hands well under clean, running water.
5. **Dry** your hands using a clean towel or an air dryer.

You may use paper towels to turn off the faucet and/or open the door to the bathroom.

How to Use Alcohol-Based Hand Sanitizer

Hand sanitizers should contain greater than 60% ethanol or greater than 70% isopropanol. Hand sanitizers are not a substitute for handwashing for kitchen and dining staff.

1. Apply the product to the palm of one hand.
2. Rub your hands together. Make sure the product contacts the back of your hands, palms, between your fingers, and fingertips.
3. Continue to rub your hands together until your hands are dry (about 20 seconds).